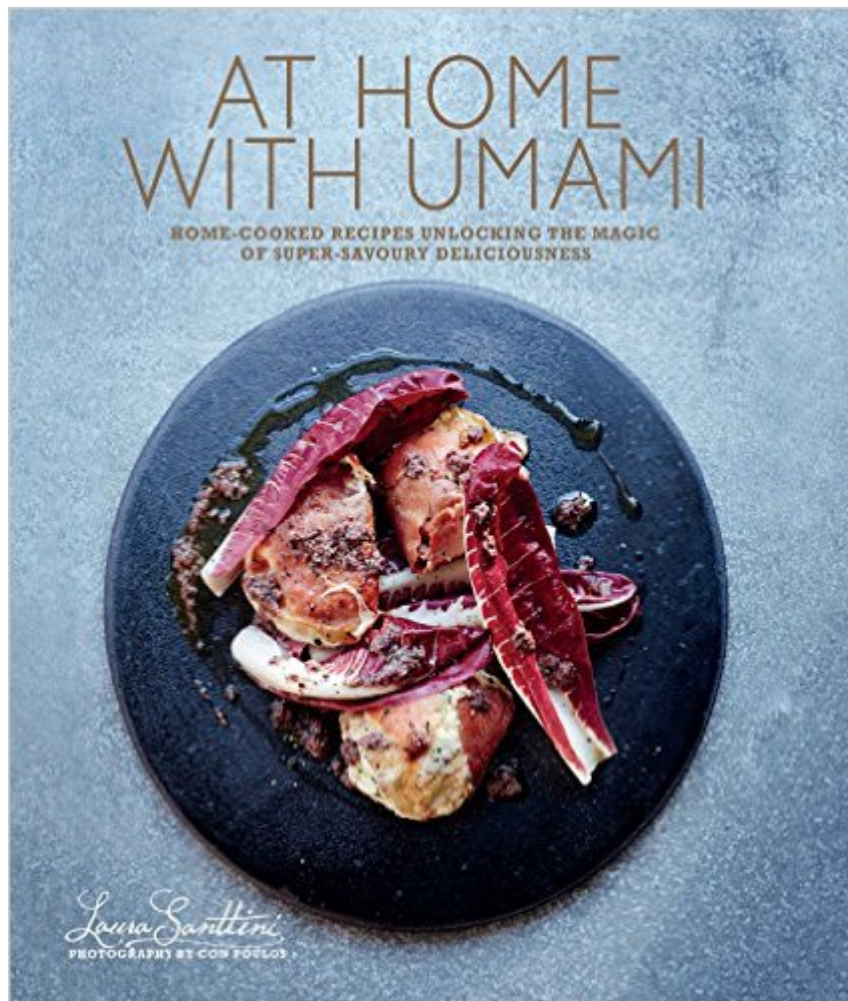


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# At Home With Umami: Home-cooked Recipes Unlocking The Magic Of Super-savory Deliciousness



## Synopsis

Umami is the super-savory fifth basic taste. It is both ubiquitous and elusive, present but often unrecognized, and it has the extraordinary ability to enhance individual flavors, transporting dishes to another level. It is the taste that keeps on giving long after salty, sweet, bitter, and sour flavours are spent. Umami is a Japanese word that translates as "savoury deliciousness", but it is far from a Far Eastern concept. It is absolutely universal and does not belong to any single culture—it can be shared, enjoyed and appreciated by all those in possession of a tongue. Everyone has experienced it—the salted anchovy that melts into the tomato of a pizza, the irresistible marriage of pancetta and Parmesan in a creamy spaghetti carbonara, or the rich, caramelized chorizo in a pan-fried calamari and chorizo salad. Once understood, umami is your best friend both in and out of the kitchen. Umami-rich ingredients will add magic to any dish, and make great cooks out of all of us. In this book, you'll discover extraordinary new flavor combinations in dishes such as Steak Tagliata, Umami Rub and Garlic Pesto; Dark Chocolate and Orange Chilli Con Carne; and Sunshine Laksa with Crab, Snow Peas, and Millet. This book contains a taste of the wonder and magic of umami, and once bitten you will forever be smitten.

## Book Information

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## Customer Reviews

I wanted to love this, but I was really put off by the fact that many of the recipes call for the author's brand of Umami pastes! I didn't want the equivalent of a Cambell's soup cookbook, I was looking for ways to find Umami in the foods I cook - not in a paste.

I have to disagree with the previous review about this gorgeous book of delicious kitchen magic. It

fully lives up to the promise of the title. Not only does it contain recipes that I know will become "go to" "make again & again" but if you really take a moment to understand the message woven throughout, you will learn how to change your cooking with simple, accessible ingredients. The author has included her products in some of the recipes, but each time the recipe is presented with readily available ingredients in every grocery wherever you may live. What I've learned is how to amp up the delicious factor in all my cooking. That's the essence of what umami and this book is all about. It's not a "campbell's soup" or "betty crocker/pilsbury" product promotional. This book is so beautiful in presentation, design and photography that you should place it on top of your coffee table "smart books" and your own "deliciously smart factor" will soar!

One of the best Cooking Books I have read

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